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BESTCARE4LGBTQI+

Supporting the development of LGBTQI+ friendly older care services



WWW.BESTCARE4LGBTQI.ORG

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WHY BESTCARE4LGBTQI+

LGBTQI+ people are at high risk of being discriminated against in residential care homes as they lack 'voice' due to heteronormativity and the social taboo on sexual diversity (Leyerzapf, H., Visse, M., De Beer, A., & Abma, T. (2018).

Moreover, LGBTQI+ older persons, as they experience and fear to be rejected by health-care providers, care professionals and other residents, can feel forced to go 'back into the closet' (Stein, Beckerman and Sherman 2010).

MISSION

BestCare4LGBTIQ+ aims to support the development of LGBTQI+ friendly older care services, providing tools, awareness-raising materials and learning resources to home care and residential care services managers and staff to ensure a better adapted, more respectful, and inclusive care for LGBTQI+ older people living in care facilities.

OBJECTIVES

Raise awareness on specific older LGBTQI+ needs among care home and services managers and staff as well as in the general audience

Support care services to assess their inclusiveness and to implement an action plan to become more LGBTQI+ friendly

Equip home care and residential care managers and staff with tools and skills for a better integration of older LGBTQI+ people

Ensure a better care for LGBTQI+ older people in residential care facilities and home care services, especially when living with dementia



DEVELOPED RESOURCES

- "Make me feel at home": Proposals for a better service provision of care for older LGBTQI+ users based on storytelling
- A training course for more inclusive care services
- A methodology for awarding a Badge of Excellence for inclusive residential care of older LBGTQI+ service users
- A database for inclusive care



VALIDATION PROCESS

- One Short-term Joint Staff training with 20 participants
- 5 pilot sessions with at least 100 care service professionals
- 10 pilot sessions for trainers with at least 60 participants
- One pilot session with at least 5
 care services